

# Fulfilled Prophecies

[Home](#)

>

[0..9](#)

>

[Share on Facebook](#)

[FACEBOOK LINK](#)

**1 Thessalonians 5:21 - Paul commands both testing and holding fast in 1 Thessalonians 5:21 because both are essential for discernment and spiritual maturity.**

But examine everything;  
hold firmly to  
that which is good.

1 Thessalonians 5:21

Why does Paul command  
both testing and holding fast?  
Can you do one without the other?

By Dan Maines

**Paul commands both testing and holding fast in 1 Thessalonians 5:21 because both are essential for discernment and spiritual maturity.**

"But examine everything; hold firmly to that which is good."

Testing without holding fast can lead to skepticism or endless doubt with no foundation.

Holding fast without testing can lead to blindly accepting false doctrine or tradition.

You can't truly do one without the other. If you don't test, how will you know what is good? If you test but don't hold fast to what is good, you've missed the point.

Paul's command strikes a balance:

Discern truth carefully,

Reject error boldly,

Cling tightly to what aligns with God's Word.

This was especially important in the first-century church, where false teachings and prophecies were spreading rapidly. It's just as vital today.

[Share on Facebook](#)

## Links

Facebook Link

<https://www.facebook.com/groups/1349070089314462/posts/1758172065070927/>

Fulfilled Prophecies <https://www.facebook.com/groups/1349070089314462/>

Dan Maines

<https://www.facebook.com/groups/1349070089314462/user/100001027365819/>

---

**You may share this article freely without permission as long as you include credit to Dan Maines and/or a link to the Fulfilled Prophecies Group.**